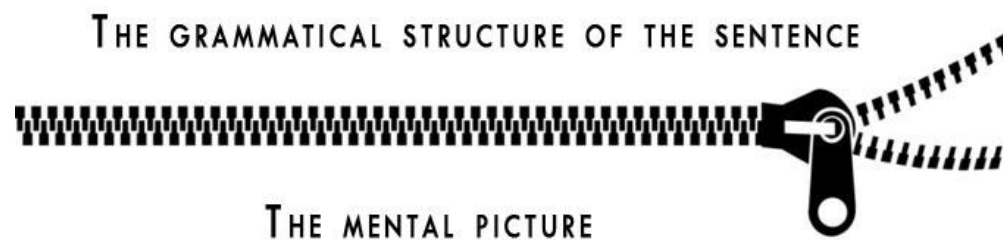


The zipper method



1 – Emotions and long-term memory

Replace the noun or the name by a noun or a name that you choose. I suggest you to choose one which is related positively to your life (or a place where you really want to go) because you will have nice emotions and when there are positive emotions, you will recall the information easier. You are happy because you are learning easily, so you keep going on learning. You associate the sentence you are learning (*Je vais à New York*) with one of your positive memories or a place where you really want to go (*Je vais à Bruxelles*).

If you already went to (or you really want to go to) Bruxelles :

Replace

Je vais à New York

I am going to New York

By

Je vais à Bruxelles

I am going to Bruxelles

If you replace it by another noun or name you make your brain work more, the neural connections are pertinent and more developed so the grammatical structure of the sentence will be more solid in your memory. You are going to remember better, so you are going to be satisfied, you are going to enjoy learning and so you are going to continue to learn, so etc...

2 – Mental picture and long-term memory

Use the mental picture, it is very efficient. You associate the sentence (so the grammatical structure of it) you are learning with a mental picture! Imagine yourself going to this place by car, by plane, by bike,... and repeat the sentence in your head (if you are in the public transports,...) or outloud (if you can, maybe in front of your mirror 😊). If you do it outloud, the effect is more efficient. If you do this it will be

Small French prepositions

much easier to put the grammatical structure of the sentence in your long-term memory and so use it properly when you are talking to someone!